

## **SUBSTITUTES (NON TOXIC)**

- **ALL-PURPOSE CLEANER:** Mix ½ cup borax in one gallon water.
- **WINDOW CLEANER:** Mix one-tablespoon vinegar with 1 quart water.
- **FLOOR CLEANER:** For vinyl floors use vinegar in warm water. For heavy soiled floors mix 4 tablespoons TSP (trisodium phosphate), which is available in hardware stores, in one gallon hot water. (TSP will not pollute ground water.)
- **RUG CLEANER:** Use Procter and Gamble's Orvus Extra Granules.
- **ROOM DEODORIZER:** Use an electric fan to blow air out of a dusty room or closet and/or sprinkle Borax in the corner (it will act as a deodorant and anti-mold agent).
- **STERLING SILVER CLEANER:** In 2 quarts of boiling water place your silver for 10-15 minutes in an aluminum pan with one teaspoon baking soda and one teaspoon salt or, rub silver with paste of baking soda, salt and water.
- **FURNITURE POLISH:** Pure olive oil, lemon oil, and beeswax.
- **TOILET BOWL CLEANER:** Sprinkle a few tablespoons of baking soda into the toilet, then add a cup of vinegar. The foaming will deodorize & work on stains.
- **DRAIN OPENER:** Pour in ½ cup of baking soda, followed by one-cup vinegar. Plug drain until fizzing stops, then flush with hot water.
- **TILE CLEANER:** Use equal amounts of vinegar and warm water to clean soap film. Vinegar will help stop mold.
- **CRAYON-MARK REMOVER:** Plain vinegar. Apply sparingly and rub. Let dry. Follow with fuller's earth.
- **DISHWASHING LIQUID:** Mix 1 part borax and 1 part washing soda\* and dissolve in hot water.
- **DISHWASHER POWDER:** ¼ cup of borax per washing cycle.
- **LAUNDRY DETERGENT:** Use ¼ cup of pure soap flakes, ¼ cup of borax, and ¼ cup of washing soda\* (equaling ¾ cup) per load. The borax will brighten colors with a mild bleaching action.
- **GREASE SPOT REMOVER:** Sprinkle fuller's earth on the spot, leave on for 15 minutes to 2 hours (Do not leave on colored fabrics too long or else, you may lighten the fabric).
- **STAIN REMOVER:** Sprinkle lemon juice on stain and place in sun.

(\* WASHING SODA = *hydrated sodium carbonate which can be found in the laundry aisle at the supermarket*).

*(Information collected from: WHY YOUR HOUSE MAY ENDANGER YOUR HEALTH. Alfred V. Zamm, MD, F.A.C.A., F.A.C.P., with Robert Gannon Simon & Schuster, August 1980 and "DOLLARS/SENSE", St. Louis Post Dispatch – Jeanne Malmgren, Tuesday, November 6, 1990, p.5D.)*